PINEWOOD NEWS

The hometown newspaper of Munds Park, Arizona since 1993

VOL. 28 NO. 11 **JULY 19, 2021** **FREE!**

BITTER SWEET GOOD-BYE

from the Wandering Donkey

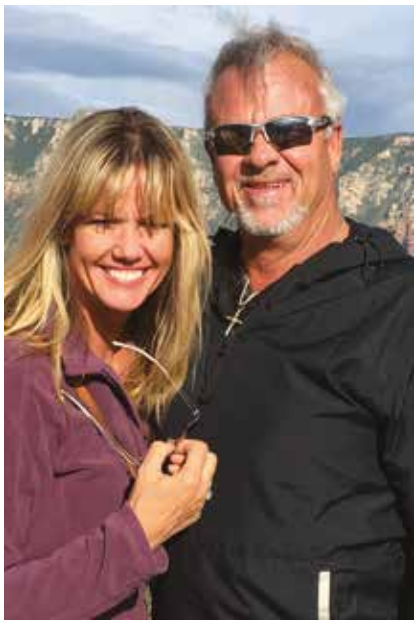
First and foremost, the Wandering Donkey wants to express its gratitude to the community of Munds Park. We also want to thank the Pinewood News for allowing us to convey a bittersweet farewell to our friends and all the great supporters of the Wandering Donkey since our opening in the spring of 2020. We never dreamed it would be over so soon! So, with all the speculation going on in social media, we would like to set the record straight as to why we chose to leave.

Unfortunately, our time was cut short because the proprietor of the strip center allowed a competing food truck just outside our restaurant door. Reputable leasing agents never allow food trucks in front of brick and mortar restaurants—You just need the property management to have your back... and we didn't.

Prior to the July 4th weekend, we sent the property management a letter asking them not to place the food truck on our doorstep, and the letter fell on deaf ears. There were multiple failed attempts to meet. They would make appointments to meet with us and never show up. Finally, we assessed our position and decided the landlord no longer had our best interests at heart. Therefore, the decision to leave Munds Park became an easy one, and we decided to pull out.

The window of opportunity is already short for a seasonal business. Every dollar of potential revenue must be captured to assure a reasonable level of profitability. For restaurants in Munds Park it's a delicate financial ecosystem that requires balance, and the scales were tipped when our landlord allowed a food truck right outside our doors.

We understand that the Sports Bar is losing revenue to competitors, but trying to mimic Borracho's success with staging a food truck outside the bar isn't the recipe for success. Not supporting the businesses you lease to isn't good business practice either. Unfortunately, unfair business practice is the standard for this particular management company, and the Munds Park community knows this well.



Beth & Lance

Hannah Kinner, Kela Montoya, Juan Castanuela, and Paige Hefley

The good news for the community and its seasonal visitors is that the following four outstanding options are still there for you. In no order of favor, starting with our friends at Agee's for that hankering you might have for great barbecue, along with solid libations and live music on the weekends. Then there's Borracho's with an outstanding outdoor music venue where a tasty taco can be washed down with your favorite tequila or cerveza and more. When you are craving some morning joe with some amazing breakfast choices and lunchtime sandwiches, you cannot go wrong with Kota's. Or, if you are looking for a down-home dinner experience, you can always wander into the Pinewood Restaurant. With these 4 choices, within a couple hundred yards of the freeway on-ramps and off-ramps and the Wandering Donkey now gone, there is certainly no reason to wander any further than these establishments with great neighborly attitudes to make an honest buck without stepping on each other's toes. It is just too bad this cannot be said for the others that tend to be at the center of conflict within the community.

Lastly, and equally important to us, is to take this gracious opportunity to thank you for your support and love during our short venture here in Munds Park. Next time you are in Scottsdale, we invite you all to the newly opened Wandering Donkey Taqueria & Tequila Bar located in North Scottsdale at 10121 E. Bell Rd #150, 85260!

Again, we thank you all for your support and wish you all the absolute best for years to come!

Lance & Beth

A MESSAGE TO MUNDS PARK FROM CENTURYLINK

The Pinewood News reached out to Centurylink, hoping to learn details about the future internet services for Munds Park. Their response is below. As they add services or improvements, they will let customers and the Pinewood News know.

You can't get much better scenery than in and around Munds Park. However, that same scenery and sparse population makes it difficult to serve due to the costs of building and maintaining the network. When it comes to expanding or enhancing our broadband services, we get creative by working on public-private partnerships. We encourage municipalities to explore workable solutions with existing internet service providers that encourage broadband investment and bring high-speed internet services to more homes and businesses. These creative solutions can bring the technologies communities need and the expertise to run a network, as well as the ability to plan for future upgrades in a secure, dynamic environment, where technology changes rapidly, while limiting the financial risk to citizens.

We understand not having access to high-speed internet is frustrating. At this time, we're investigating our services to consider fiber infrastructure which will provide a consistent connection and higher speeds in the Munds Park area. If our plans move forward, we will certainly notify customers in this community.

COMMUNITY CALENDAR

Sponsored by the Munds Park Business Alliance

Building Business Partnerships for a Stronger Community

Date	Happening	Location	Time
Every Sunday	Munds Park Community **Church Services**	17670 S Munds Ranch Rd	9a & 10:45a
Every Monday	**AA Meetings** hosted at Munds Park Community Church	17670 S Munds Ranch Rd	7 pm
Every Thursday	**Spread the Bread** - Get some for your neighbors too! Munds Park Community Church	17670 S Munds Ranch Rd	10 am
Every Thursday	Agee's BBQ, **Trivia Night**	17730 S Munds Ranch Rd	6:30 pm
Friday & Saturday's	Willard Springs, only accepting green waste, free of charge	14mi W. of Flag, W of I17	9 a - 5 p
Every Saturday	The Pinewood Farmers Market	17670 S Munds Ranch Rd	9 am - 2pm
Tuesday, July 20	Pinewood Fire District **Board Meeting** - Public Welcome	475 E Pinewood Blvd	3 pm
Thursday, July 15	Munds Park Business Alliance (MPBA)	17670 S Munds Ranch Rd	5 pm
Saturday, July 17	Pinewood Property Owners' Association	395 E. Pinewood Blvd.	1 pm

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Martino's Italian Restaurant
Mary's Cafe - Flagstaff
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Mountainaire Tavern
Munds Park Salon
Pinewood Bar & Grill
Pinewood Country Club
Pinewood News Office
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COMMUNITY

Photo by Dana Brown

PARADE RECAP

Why the Rules are Important

By Len Friedlund

The 2021 Independence Day parade was very successful and enjoyed by a large crowd. There were 96 vehicles and 558 people in the parade. As usual, Pinewood Blvd and Walapai were lined up with chairs, and many were placed three days before the parade to "reserve" their spot. This year, three military vehicles were from the Purple Heart organization and the Desert Warriors brought four vehicles. The color guards were furnished by the VFW, Post #1709, and the Marines. There were two banners carried in front of the vehicles by members of the military and their families. This year, the Grand Marshall was Carolyn Manley, a perennial volunteer in many of the organizations, who rode in a classic car.

The parade is sponsored every year by the Pinewood Property Owners' Association and the Pinewood Fire Department provides the structure to ensure the parade is safe for everyone. Coconino County Community Development issues the permit required in order to close the roads for the parade route. As our parade has grown in popularity, the county has tightened some of the requirements for the permit. In addition, event staff has been increased to provide more traffic control at key intersections.

Along with managing safe traffic flow, the next issue the county wanted addressed was not allowing the throwing and distributing of materials from the parade vehicles. The problem has been a safety issue and, in previous parades, children running into the street to retrieve candy have actually been bumped by vehicles. Fortunately, no one has been injured but the potential is more than we can accept as responsible parade hosts. By not allowing items tossed from vehicles and providing oversight by our parade monitors, the county has accepted our safety plans and has issued the permits.

Another concern is how we administer violations of our rules; all vehicles in the parade are registered either before with a pre- registration form or as they enter the staging area. If there is a violation observed, the license number is noted by one of the monitors and submitted to the parade organizer. Having the ability for recourse has satisfied the county and the violators will be put on probation or suspended for the following year.

Most entries in the parade this year complied with the rules.

However, one vehicle was squirting water and tossing water balloons into the crowd. Some homeowners on Walapai retaliated and sprayed the parade vehicles with garden hoses. According to the Sheriff's Office, this now becomes a severe safety problem and throwing anything towards the vehicles can be construed as assault. They have established a position that will include compliance of the rules by the parade organizers or the permit will not be issued in the future. There were two drivers that were letting a gap occur in the parade ahead of them and then accelerating rapidly to show off their vehicles. This action could possibly result in a loss of control and endanger the spectators. With the rule regarding mandatory visibility of license plates, the violators have been identified and will be contacted regarding their suspension in next year's parade.

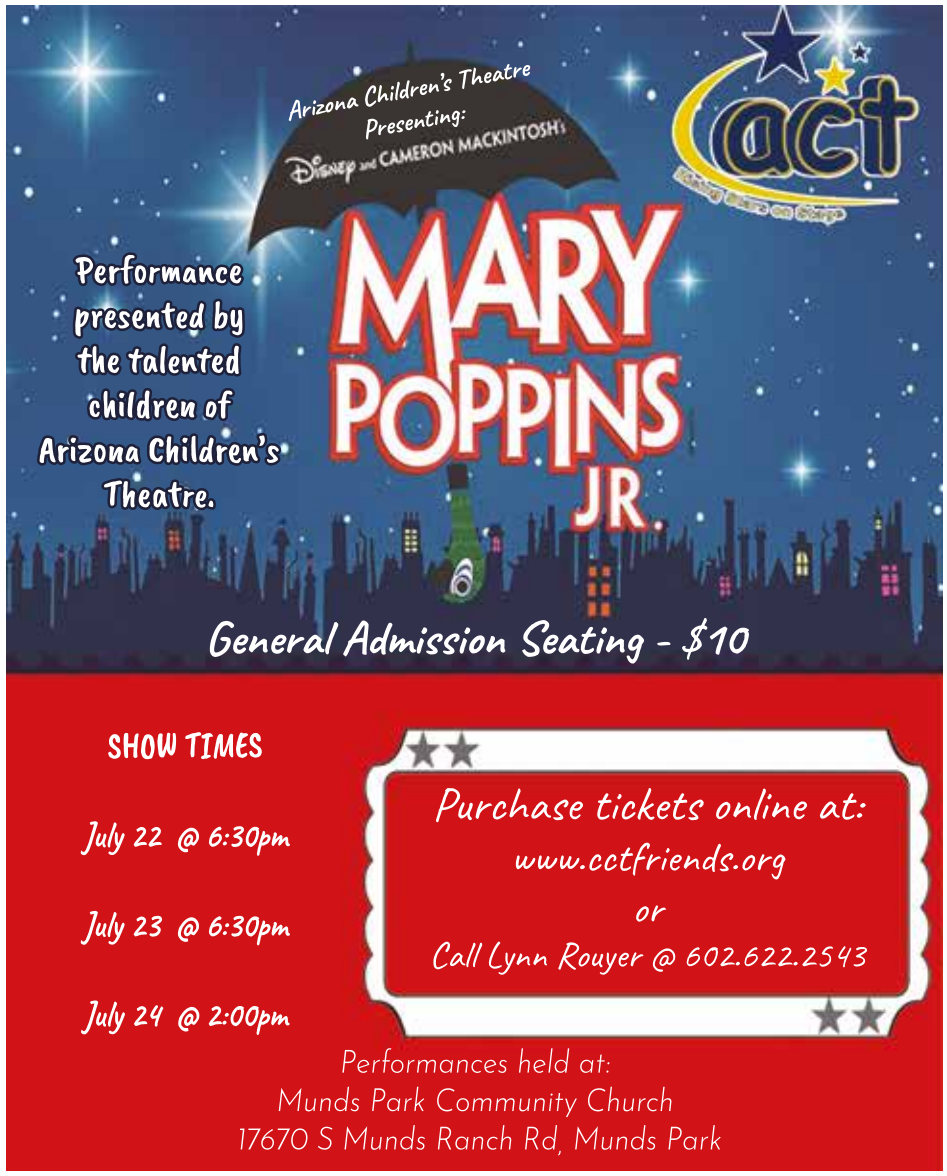
MUTS UPDATE

By Larry Metzler

On July 6 the Coconino National Forest went from a Stage 3, closed forest, to Stage 2, open forest with fire restrictions. The change allowed the Munds Park Trail Stewards (MUTS) to hold their July 10 volunteer event. During the event 20 volunteers and three Coconino National Forest trail crew did maintenance on Brad's Trail and the Crystal Point Trail.

The MUTS would like to thank the volunteer lunch crew, Barb and Bob Timberman, Cyndi Striegler, and Sue Drinen, for preparing a delicious lunch on a very short notice.

The next Volunteer Day is August 7. The project is to be determined. Look for the updates in the next Pinewood News or on the MUTS website. www.mundsparktrailstewards.com



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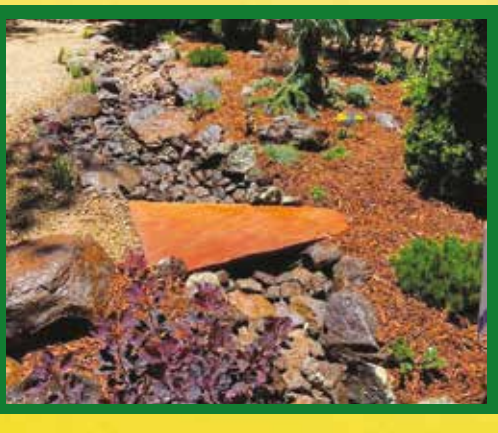

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FRANK CARARRO

RECOGNIZED WITH THE PPOA 2021 "CITIZENSHIP AWARD"

for years of donating storage space to the non-profits of Munds Park

Munds Park long-term resident Frank Cararro was chosen last month as the recipient of the 2021 PPOA "Citizenship Award." Sadly, Frank, 83 years young, passed away on July 13, 2021 just days before he was to receive the award in person at the annual PPOA meeting, Saturday July 17th, at 1pm at the Pinewood Country Club. Frank has been the owner and operator of the "CCC Mini-Storage" units on the west side of the I-17 freeway for the last several decades. He and his wife Nancy have been active residents in Munds Park for many years. Frank served on the Pinewood Sanitary District board along with Dick Drinen for many years. Dick remembers many contributions that Frank and his family have made throughout the decades.

"Frank donated storage space from his mini-storage to the Pinewood Fire Department and to the FD Auxiliary for their equipment storage as well as storage of chairs, tables and such," said Drinen, "He also let the auxiliary store all of their Halloween event games and other items in the units." In addition to helping the Fire Department and Auxiliary, Frank opened up space for the PPOA, MUTS and the Munds Park Community Church for storage throughout the years. All of these organizations are non-profit.

As many know, Frank fell off a roof a few years back and has been dealing with the effects of those injuries as well as bouts with skin cancer. Frank was active in his church in the valley and managed several outreach and missionary programs to build schools for impoverished families in both Ecuador and in Russia. The "CCC Mini Storage" is located on the west side of the 1-17 highway where it has about two acres of land with most of it composing the storage facility. Frank has allowed the Pinewood Farmers Market to hold their summer Saturday Markets on his property for the past four years, promoting this fun event for everybody in Munds Park. Prior to that the area was the location of Pinewood Gardens formerly run by Jon Lee.

On Saturday July 17th, Frank's daughter, Michelle Cararro, will be presented with a check for $100 from the Pinewood Property Owner's Association in recognition of the charitable efforts he blessed Munds Park with during the past twenty plus years.

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SALT RIVER COMMUNITY ICON

Opens Tribal Roundhouse to Hospice Caregivers

By Lin Sue Cooney

When you arrive at Royce Manuel's home on the Salt River Reservation near Scottsdale, the first thing you notice is the hundreds of colorful ribbons tied around several willow staffs lining his front yard. Each one tied by a visitor who cares about Royce — a vibrant display of how deeply this Hospice of the Valley patient, a lifelong cultural educator, is revered by the community.

Friends came together to build a traditional roundhouse in Royce Manuel's backyard.

Photo: Hospice of the Valley

The 68-year-old dedicated his life to saving other lives — as a CPR instructor for 30-plus years and as a member of the Salt River Fire Department for more than two decades. Diagnosed with Stage 4 pancreatic cancer in January, Royce is fully aware that while he cannot save his own life, he is in control of how he walks his final journey.

He will spend it in the house he has lived in since 1979 — filled with Native American books, art and artifacts — beside his devoted wife, Navajo community leader Debbie Nez-Manuel, and their blended family.

And every moment he has left will be spent teaching Native American youth about their heritage and, specifically, his Akimel O'odham culture.

"I'm a traditionalist," Royce said, as he stooped ever so slightly to enter the authentic olas-ki (roundhouse) rising out of the ground in his backyard. This is his place to sit, reflect and meditate. And when the time comes, his body will lie in repose here as tradition dictates, before being laid to rest.

On this spring morning, Royce has invited his Hospice of the Valley care team to learn more about his end-of-life wishes. We meet his spiritual guide, whose gentle eyes and friendly smile somehow fill us all with a sense of peace. We follow Royce into his newly built roundhouse — astonished and honored to enter such a sacred room. Stepping inside, we make room for those behind: Dr. Shelly Myers, nurse Carolyn Adams and social worker Julian Garza.

Julian, who also is Native American, actually met Debbie a long time ago. Both were surprised and delighted to discover he would now, years later, help care for Royce.

"That's all I needed. It was perfect," she shared with glistening eyes.

"It's definitely an honor to serve you," Julian, who is Pascua Yaqui, tells the couple. "I've looked up to both of you for a long time, 15 or 20 years. I really respect what you have done in the community with the youth and families. Everywhere you go, you spread education. Whatever you have planned for on your journey, however we can accommodate, that's what we're going to do."

Like Julian, Royce's hospice nurse and doctor feel humbled to share this rare and intimate space.

"I've never stood in a structure like this before. This is amazing and something I'll always remember," Dr. Myers whispers. "Culturally sensitive care is a key foundation for us. In the seven years I've been coming to the reservation, I've had opportunities to add to my understanding of tribal ways," she said. "Entering each home gives me a little piece of history and another piece of understanding to take with me to the next home. Every visit, I'm appreciative for the lessons I get to learn."

Lessons that help Myers carry out a mission of comfort, compassion and — especially important to Royce — dignity. "We meet every patient right where they are, and we journey forward with them, with no agenda, other than to honor what they need."

Nurse Adams agrees. "For me, it's being culturally sensitive to the name they want to go by, which is not necessarily their given tribal name. Asking questions, taking time to listen to meaningful stories. Fulfilling goals they set for themselves and respecting what's important to their family."

Debbie is grateful for it all. "The only way this was going to work is if we had Royce home and we had an opportunity to really honor his sense of spirituality. With Hospice of the Valley, we get to experience that. We all have the same mindset. That's really important to people who are tribal, people who are indigenous to Arizona," she said.

"The fact that we can have our spiritual guide here to keep Royce centered and peaceful, the fact that we are meeting in a roundhouse and not in a square room — it means the world to us."

Royce Manuel and his wife, Debbie, are from different tribes but devoted to one another.

"We're oil and water at times, but we also complement each other," Debbie said.

Photo: Hospice of the Valley

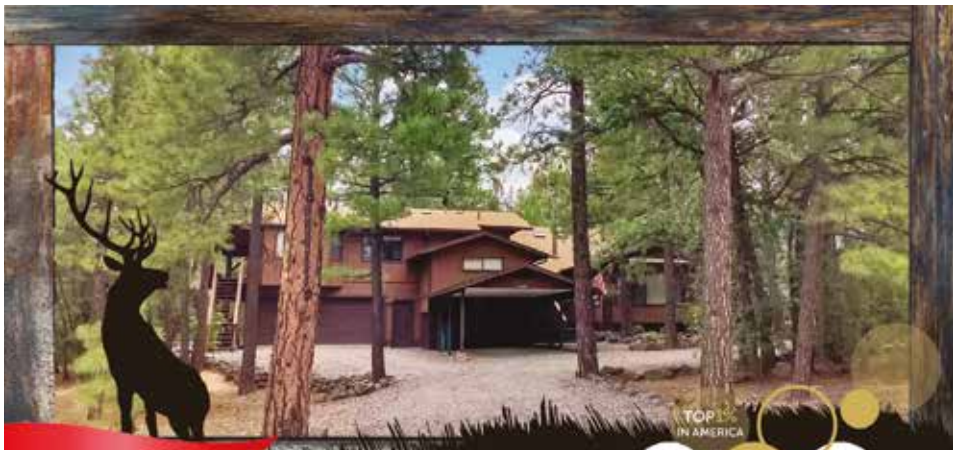
From left: Hospice of the Valley social worker Julian Garza, Royce Manuel, Dr. Shelly Myers and nurse Carolyn Adams outside the roundhouse in Royce's backyard.

"They recognize all the things that I talk about. They listen," Royce said.

Photo: Hospice of the Valley

Hundreds of ribbons show love and support for Royce Manuel. He was a Salt River Fire Department firefighter for 22 years and retired in December 2009.

Photo: Hospice of the Valley



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TRAVEL

Horseshoe Bend south of Page

Photo by Sean Walker on Unsplash

Kayaking the Colorado River above Lee's Ferry

Photo by Unstoppable Stacey

Lazy day in Glen Canyon

Photo by Unstoppable Stacey

Petroglyph panel near the river's edge at Horseshoe Bend

Photo by Unstoppable Stacey

KAYAKING THE COLORADO RIVER

By
Stacey Wittig
Travel Writer
Unstoppable Stacey

Call us crazy, but hubby Dan and I left cool Munds Park to camp on the Colorado River, where temps "dip" to the high 80s overnight. And, no, air-conditioning is not part of our camping setup. But, eager to escape the Munds Park hubbub over the 4th of July, we snagged a last-minute kayak trip out of Lee's Ferry, so off we went on a wing and a prayer.

Lee's Ferry, you may know, is just south of Page and Horseshoe Bend—one of those places made uber famous by Instagram. The flat water that meanders through Horseshoe Bend is easy to navigate by kayak or canoe and reveals the quiet side of the popular destination.

I couldn't believe we scored last-minute spots on the shuttle that delivers you and your kayaks upriver towards Glen Canyon Dam. Silly me, but I thought the shuttle ride was in a van. So consequently, when we got to Lee's Ferry Boat Launch (is there a clue?) I was looking for a shuttle van to haul us upstream. But I'm getting ahead of myself—back to the story.

After asking Facebook friends how to stay cool during a hot night of camping, I got several recommendations. So before the weekend, it was off to Walmart for cooling towels and small, portable fans, powered via USB off phone battery backups. I stashed small plastic bottles partially filled with water in the freezer. With daytime temperatures exceeding 100F at Lee's Ferry, I knew we needed all the ammunition against the heat that we could get.

Our first line of defense was to leave late in the day, so we would arrive after the sun dips below the Vermilion Cliffs. That was the theory anyway. We'd be overnighting at the Glen Canyon National Recreation Area campgrounds before we caught our shuttle ride upriver. I envisioned Dan and me roasting hotdogs over the campfire (fires are allowed in the grills there) while overlooking the Colorado River. "Are you nuts?" demanded Dan. "It'll be over 100F. We need to eat out at a restaurant."

"There are no restaurants open there, and Page is an hour away," I crabbed, defending my plan. I am a travel writer after all—I should know these things! Wrong again, UNSTOPPABLE Stacey. Although one of the restaurants was closed for remodeling, a Google search revealed that several others were open. I grudgingly chose Cliff Dwellers Restaurant based on the reviews. Dan was right; eating on a shaded patio would be our second line of defense against the heat.

"You didn't make reservations for the campsite?" needled Dan.

"I told you that they don't take reservations at Lee's Ferry Campground," I snapped. Boy, we really needed this getaway. "I figure that if the National Park Service doesn't have the 54 campsites on their reservation system, there are plenty to go around."

"Even on 4th of July weekend?" he fretted.

"If for some reason it is full, then we can go boondocking," I said. Dan and I rarely camp at designated campgrounds and typically set up off-grid. I planned to stay at the park campsite because it was near the shuttle rendezvous, and we needed to arrive at 5:45 am. I was keeping that bit of information to myself for the time being.

Continued on page 17

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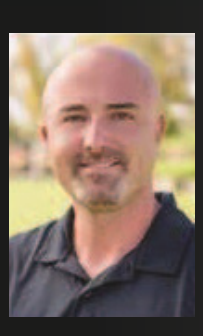

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FOOD

HIT THE TRAIL WITH HOMEMADE FRUIT LEATHER AND OTHER DEHYDRATED SNACKS

by Alisha McDarris

Snacks are essential for every hiker's backpack. They keep your energy up, your mind focused, and give you something to do while contemplating the majesty of Mother Nature.

But store-bought snacks and bars are expensive, and often contain huge amounts of sugar or preservatives that can seem excessive, even to someone walking for three to four hours straight. And then there's the wrapping. Each snack is individually packaged to make it easier to transport, but ironically, this just means more trash for you to carry around until you find a garbage can.

Making your own trail snacks, though, is much better. You'll take better control of what you're eating and forgo a lot of unnecessary wrappers. And the best way to do it is easy—dehydrating your favorite foods.

Ways to dehydrate

If you haven't snacked endlessly on dried mangos, you're missing out."

There are three main ways to dehydrate your food: in the oven, with a dehydrator, or by building your own dehydrator.

Pretty much everyone has an oven, so it's no surprise that this appliance is one of the most commonly suggested dehydrating tools. Simply heat your oven to the lowest setting—often 175 or 200 degrees Fahrenheit—and put your snacks inside. Check on them every 30 to 60 minutes to make sure they aren't burning or becoming too tough to eat.

Compared to the other two methods, an oven gets the job done fastest. But since it uses heat, the food often gets cooked during the dehydration process. This is fine unless you prefer to eat mostly raw foods.

Dehydrators, meanwhile, come in all shapes and sizes, cost between $30-$150, and usually allow you to dry a plethora of ingredients at once. Using one is simple and, typically, a hands-off process. Other than preparing the ingredients, setting a timer, and pressing the start button, there's really not much else to do. It's so low-effort that, unlike other methods, you can leave the house, let the machine run overnight, or stash it in a corner while it does its thing.

Dehydrators preserve foods by warming them—usually to temperatures that aren't that hot—and blowing air to remove moisture without fully cooking them. This is why you can still consider whatever you're dehydrating to be raw food.

The third, more radically DIY method for drying out your food involves creating your own dehydrator with a box fan, clean air conditioner filters, and dehydrator sheets.

Simply lay the unplugged box fan on the ground with one edge propped up 4-6 inches, its power off and airflow directed toward the ceiling. Then, place one of the air filters on top. On a dehydrator sheet or plastic canvas—the kind kids use for needlepoint crafts—spread out your food and place another dehydrator sheet on top. Put a second air filter on top of that.

If you'd like to dry more than one layer of food, place another dehydrator sheet on top of the uppermost air filter, followed by one more layer of food, another dehydrator sheet, and another air filter—you'll be able to stack up to four layers of food on top of the fan in this manner. Use bungee cords to secure it all to the fan, plug it in, and let it run.

Since it doesn't involve any heat, this method may take up to two days. Check on your food roughly every 2-3 hours.

Tips for dehydrating food

Dried-up food 101: don't overlap your fruit.

There are a few good ways to ensure you end up with the best batch of homemade dehydrated trail snacks. For starters, you can dehydrate multiple types of foods at the same time—as long as they require the same cooking temperature.

Foods will dry at different rates—even if they are similar in size—so remove the pieces that dry first if you can. If you're using an oven, doing so will prevent them

Continued on page 19

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KAYAKING THE COLORADO RIVER

Continued from page 11

So the plan was set. We left Munds Park at 2 pm with an arsenal of frozen water bottles to sleep with, a USB fan and cooling towels. In addition, I'd stashed a twenty-dollar bill in my travel purse for the campsite fee. (I don't usually travel with cash but retracted the practice after learning the cost was $20.)

Don't Make This Rookie Mistake

We found the choicest campsite at Lee's Ferry Campground, wrote its number and our license plate number on the small brown envelope and deposited it and the $20 into the slot of the payment box. That was a millisecond before I looked at the sign posted above, which read, "Senior Access Passholder $10 per site." Augh! As I said, we rarely camp at designated campgrounds, but I won't make that rookie mistake in at National Park campground again.

On the patio at Cliff Dwellers Restaurant, we ran into Steve Hatch, our friend who knows these parts since he owns Hatch River Expeditions. "Don't sleep inside your truck camper," he recommended. "Sleep outside."

And so we laid under the stars watching the clouds reflect the colors of Page's fireworks display. The night was heavenly, and the cooling towels and bottles of thawing ice kept us somewhat comfortable.

In the morning, I couldn't find the shuttle van. Of course. A shuttle boat met us. The speedboat ride up the Colorado River was a heaven-sent surprise. Kayak the Colorado was our outfitter, and they provided the backhaul service. We rented kayaks, paddles and life vests from them since we don't have our own.

As Brady, one of the company owners navigated upriver, he pointed to campsites, Horseshoe Bend, and places where we could go ashore and hike to petroglyphs. Once he dropped us and the kayaks, the silence enveloped us. All you could hear was the calming riffles of water hitting the sand beach and canyon walls. We had the whole day ahead of us and only one way to go: down Glen Canyon. It was just the respite needed, and we returned to Munds Park just a little less crazy.

Next time, we'll leave earlier and take the last shuttle of the day to the campsite under Horseshoe Bend. Because no reservations or permits are necessary to camp on this section of the Colorado River, it's easy to pack your bags and head out on a whim.

"UNSTOPPABLE Stacey" Wittig is a travel journalist based in Munds Park. If you enjoyed this article, then subscribe to her travel blog at unstoppablestaceytravel.com

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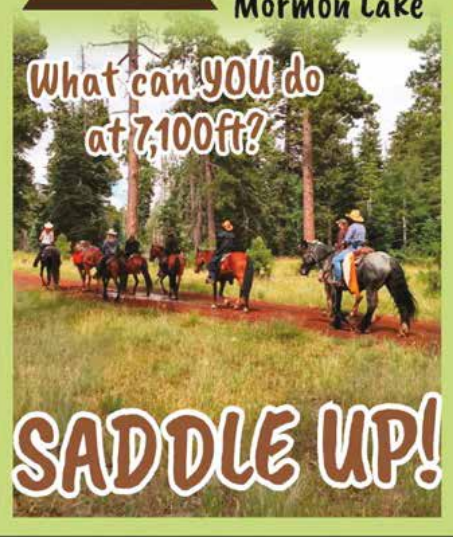

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HIT THE TRAIL WITH HOMEMADE FRUIT LEATHER AND OTHER DEHYDRATED SNACKS

Continued from page 15

from burning. You can also use this knowledge to your advantage by making thicker pieces out of foods that dry more quickly. And when you arrange your ingredients, make sure they don't overlap, as this will slow the drying process.

When a batch is complete—meaning it's no longer sticky or spongy—store the snacks in an airtight container to keep them from being exposed to moisture and humidity. This will prevent your food from spoiling. The drier the food is, the longer it will last, and storing snacks in the fridge or freezer will extend the life of your snacks even further.

Dehydrator Recipes

Nearly every food can be dehydrated, including beef strips, tofu, and even pancakes. The most common items dried out for trail snacks are meat, fruit, and vegetables, as they pack a highly nutritional punch and taste great after the process.

You can try combinations of your favorite foods and create custom trail snacks perfect for you, but if you need a little inspiration, here are three recipes to get you started.

Fruit leather

You can make fruit leather out of most fruit. These are made of mango.

A healthy staple on the trail, fruit leather is an excellent way to get vital nutrients when you don't want to carry the weight of fresh fruit.

Ingredients

- 1/2 Cup of raspberries, fresh or thawed from frozen; cup of blueberries, fresh or thawed from frozen
- 1 cup of unsweetened applesauce
- A pinch salt

Preparation

1. **Puree your food.** Put all the ingredients in a food processor or blender and run it until you've got a puree. If you don't like raspberries or blueberries, you can replace them with the same amount of any other fruit.
2. **Dehydrate.** If you're using an oven, heat it to 200 degrees or as low as your oven temperature will go. Line a baking tray with parchment paper or a non-stick silicone mat. You'll want to make sure your tray has a raised edge all the way around to prevent any liquid from escaping. Pour the puree onto the tray and spread it evenly. It should be around a quarter of an inch thick. Place it in the oven and cook it for about four hours, or until the leather is no longer sticky. Remove it from the oven, then slice it into strips between 1 to 2 inches wide. Roll it up or keep it flat—your preference—and store it in an airtight container.

If you're using a dehydrator, you'll also want a tray with edges. Wipe the surface with a small amount of oil to prevent the puree from sticking and pour the mashed-up fruit into the tray. Spread it evenly to about a quarter of an inch thick. Dry it at 130 to 140 degrees for four to six hours—the time will depend on how much puree you put on the tray and the amount of water in the fruit you used. The process will be done when the puree is leathery and no longer sticky. Take it out of the tray, then slice it into strips between 1 and 2 inches wide. Roll it up or keep it flat, and store it in an airtight container.

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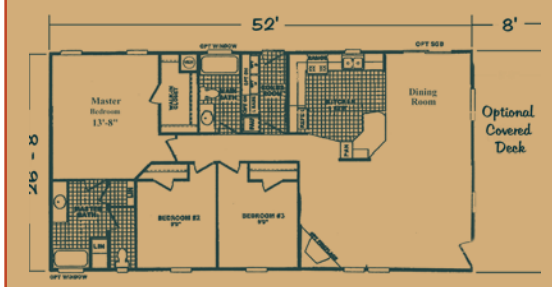

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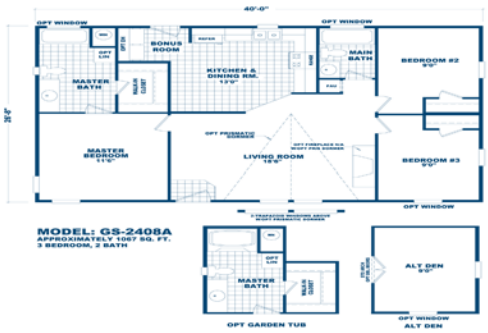

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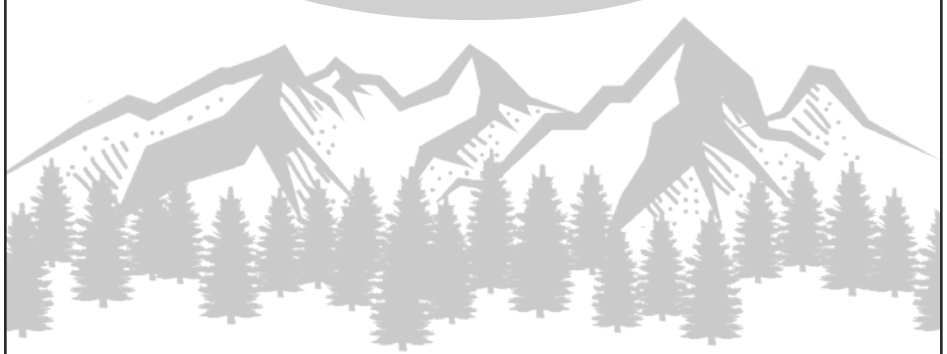

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HIT THE TRAIL WITH HOMEMADE FRUIT LEATHER AND OTHER DEHYDRATED SNACKS

Continued from page 19

Kale chips

Eating your greens has never been so tasty and crunchy.

Kale chips are a great, ultra-light way to get your veggies on the trail. Crispy and flavorful, they're also easy to dehydrate yourself—and a lot cheaper than the store-bought stuff.

Ingredients

- 1 bunch of fresh kale with the stems removed
- 1 tablespoon of olive oil
- 1 teaspoon of salt
- (Optional) 2 tablespoons of nutritional yeast
- (Optional) 1 teaspoon of crushed red pepper
- (Optional) Other seasonings to taste

Preparation

3. Tear the kale leaves into pieces. Keep them about the size of tortilla chips. Rinse and dry.
4. Season the kale. Mix the olive oil, salt, and seasonings, then pour the mixture over the kale. Use your hands to massage it into all the nooks and crannies.
5. Dehydrate. If you're using an oven, heat it to 300 degrees. Arrange the kale on a baking tray and cook it for 10 to 15 minutes. Keep a close eye on the kale while it's in the oven, as it will turn from green to black in a matter of minutes. When the edges of the leaves begin to brown, remove them from the oven. Allow the chips to cool, and store them in a rigid airtight container to prevent them from getting crushed.

If you're using a dehydrator, transfer the kale to one of its trays and dry at 125 degrees for four to six hours, or until the kale is completely dry and crispy. Remove it from the dehydrator and store it in a rigid airtight container to prevent it from getting crushed.

Enjoy!

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Pinewood Players
Theatre in the Pines

THE HISTORY OF PINEWOOD PLAYERS

The Evolutionary Years

This is the fifth installment in a series of six articles chronicling 30 years of Pinewood Players history.

The years since the Pinewood Playhouse opened could be referred to as the evolutionary years of the organization's development. Technology and other factors brought about significant changes in the organization, the productions and the Playhouse itself.

Technology enhanced the ability of the group to reach members and patrons and made participation easier and more convenient. Circa 2012 the group introduced its first web site and entered the age of electronic information and communication. Online ticket sales came onboard a few years later. The first email Newsletter was published in 2013.

On stage, more elaborate productions were made possible by such enhancements as wireless microphones. Large cast musicals such as "Guys and Dolls" and "Bells are Ringing" were staged. Classics such as "Steel Magnolias," "Plaza Suite," "Cactus Flower," "On Golden Pond," and "Bus Stop" were performed. Productions requiring elaborate sets and multiple set changes were no obstruction for the talented cadre of directors, producers and backstage managers. Audiences were entertained by hysterical farces and moved by heart-warming stories brought to life on the Pinewood Playhouse stage.

At the other end of the performing arts spectrum, Reader's Theater was introduced as a way to encourage "would be performers" to try their hand at reading humorous skits to entertain their fellow members, friends and neighbors in a casual setting. Many of these novices embraced the experience and graduated to become talented performers on the Pinewood Playhouse main stage. Reader's Theater remains the training ground and one of the most popular events playing to sell out audiences each season.

During this time the Pinewood Playhouse underwent significant physical changes with additions to the building to create dressing rooms and a separate make-up room. The covered patio was added to the front of the building and a ticket office enclosure was subsequently built out onto the patio. Air conditioning was installed for the comfort of the audience and the building received a new roof.

In more recent years a computerized digital sound system was added which expanded the capacity for wireless microphones. A theater curtain was added in 2019 which enhanced the audience experience and professional ambiance of the stage. A portable sound system was purchased to support Reader's Theater events and Drama Camp performances.

No doubt these were the formative years that established Pinewood Players as a Munds Park institution and positioned the group to continue to evolve as changing demographics and lifestyles usher in a new era to the community and the organization.

In the next installment of "The History of Pinewood Players" we will close the series with a look to the future of this Munds Park institution.

For tickets, newsletter subscription, membership and event information visit www.pinewoodplayers.com.

Drama Camp 2021

Pinewood Players
Theatre in the Pines

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Ticket Hotline: (928) 863-9061

Pinewood Players is a non-profit organization serving and open to the entire Munds Park Community

PINEWOOD PLAYERS

Celebrate Thirty Year Milestone

Pinewood Players is a non-profit theater organization whose origins date back to 1990 in Munds Park. The group's mission is to bring cultural opportunities to people of all ages in the community by presenting live theater productions and providing various venues where children and adults can learn about the performing arts through participation in workshops, drama camps, plays, and all aspects of play production.

Pinewood Players perform in the Pinewood Playhouse, a real theater with theater seating and professional lighting and sound systems located on the campus of Pinewood Country Club. All of the actors, stage crews, and technicians are volunteers. Although affiliated with the country club, Pinewood Players is a separate 501(c)(3) organization open to the public. You do not have to be a member of Pinewood Country Club to join Pinewood Players. You also do not have to be a member of Pinewood Players to attend plays or to volunteer in the organization.

However, membership is encouraged to show support for the group. Dues are only $10 annually for a single membership or $18 for the entire family, and member dues help the group offset the fixed costs of operating the theater.

Everyone in Munds Park is welcome to join Pinewood Players and participate to whatever extent they desire. You do not have to be on stage, backstage or in the control booth to be a part of the "troupe." There are many volunteer activities ranging from set building, painting, set dressing, props, costumes, make-up, ticket sales, ushering, videography, assisting with social activities, working with our youth drama camp team and scholarship program and many other projects in which one can be involved. Our volunteers make new friends, have fun and find personal fulfillment working in an organization of friendly people who are dedicated to bringing joy and entertainment to the community.

Pinewood Players has an outstanding Youth Drama Camp program that provides the opportunity for Munds Park youngsters to have fun, make friends, learn about and participate in live theater and develop an appreciation for the performing arts. This year we commemorated the 20th anniversary of the Drama Camp experience with a very special camp and production and professional staff. There were four performances on the Pinewood Playhouse mainstage earlier in July. Thirty children aged 7 to 15 years old attended the camp and put their hearts into entertaining the large audiences that attended the performances to support them. The kids are already talking about and looking forward to next season's camp. Information regarding Drama Camp 2022 will be available soon at www.pinewoodplayers.com.

In 2015 Pinewood Players created a Scholarship Program for students with strong connections to Munds Park. The program was initially established to encourage students pursuing a higher education in the performing arts or performing arts education. However, in 2018 the Board of Directors acknowledged that it is not always easy to pursue a career in the performing arts, and the program was expanded to include students pursuing education in other disciplines if they have attended at least two Pinewood Players Drama Camps. In this way, the program fulfills its mission to promote participation in live theater and foster education in the performing arts. Each year since 2015 Pinewood Players has awarded up to two $2000 scholarships to deserving students. Ten outstanding students who have ties to Munds Park have received the award in the past 6 years. All donations to Pinewood Players are tax-deductible, and you may designate your donation in part or in whole to the Scholarship Fund.

Last season Pinewood Players was preparing a special season of events for the community to mark their 30th anniversary as a theater group in Munds Park. Unfortunately, the pandemic restrictions made it impossible to go forward with a regular season. After careful consideration, the Board of Directors decided to cancel the entire 2020 season of "Theater in the Pines" in consideration for the health and safety of our members, performers, patrons and the community at large. As a result, the stage was dark for an entire season for the first time since the Playhouse opened in 2002.

After a year hiatus, the group has moved ahead with plans to celebrate 30 years of entertaining Munds Park audiences with a schedule of fun events, including a first-time informal audience participation mystery theater event in the Playhouse in early June, a traditional four-act theatrical production in mid-June and a free to the public open house "ice cream social" held later in the month. The traditional 3 week Drama Camp for the youngsters started in late June and culminated with four performances in July. The Reader's Theater "Cabaret" where members who aspire to act read humorous skits in a casual "cabaret" setting will be staged in late July and a special first time ever "Reader's Theater with a Twist" will be presented on the Pinewood Playhouse mainstage as the season finale in early August. The semi-annual General Members Meetings and the traditional "It's a Wrap" season end gala party open to all members are also being planned for late August.

The 2021 season will not be a "traditional" season for Pinewood Players. In past years the theater group has produced as many as three traditional plays with 6 performances each, two unique drama camp productions with 4 performances each, and Reader's Theater with 2 performances. But given the hiatus year and continued uncertainty, it was decided to ease back toward normalcy cautiously with fewer events and events that are less complicated to produce that would hopefully be conducive to community participation. Pinewood Players hope to return to a more traditional schedule in future seasons.

Please visit our website at www.pinewoodplayers.com for more information about the remaining 2021 season events, purchase tickets online, join the group, subscribe to our monthly newsletter, and get information about the Scholarship Program and the Drama Camp.

Tickets to events may also be purchased at the Pinewood Playhouse Box Office on Saturday mornings from 10 am to noon and 45 minutes before performances, or you may call our Ticket Hotline at (928)863-9061.

Be sure to follow the special six-part series of articles in The Pinewood News chronicling the "History of Pinewood Players."

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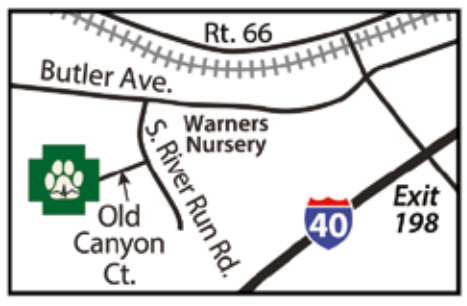

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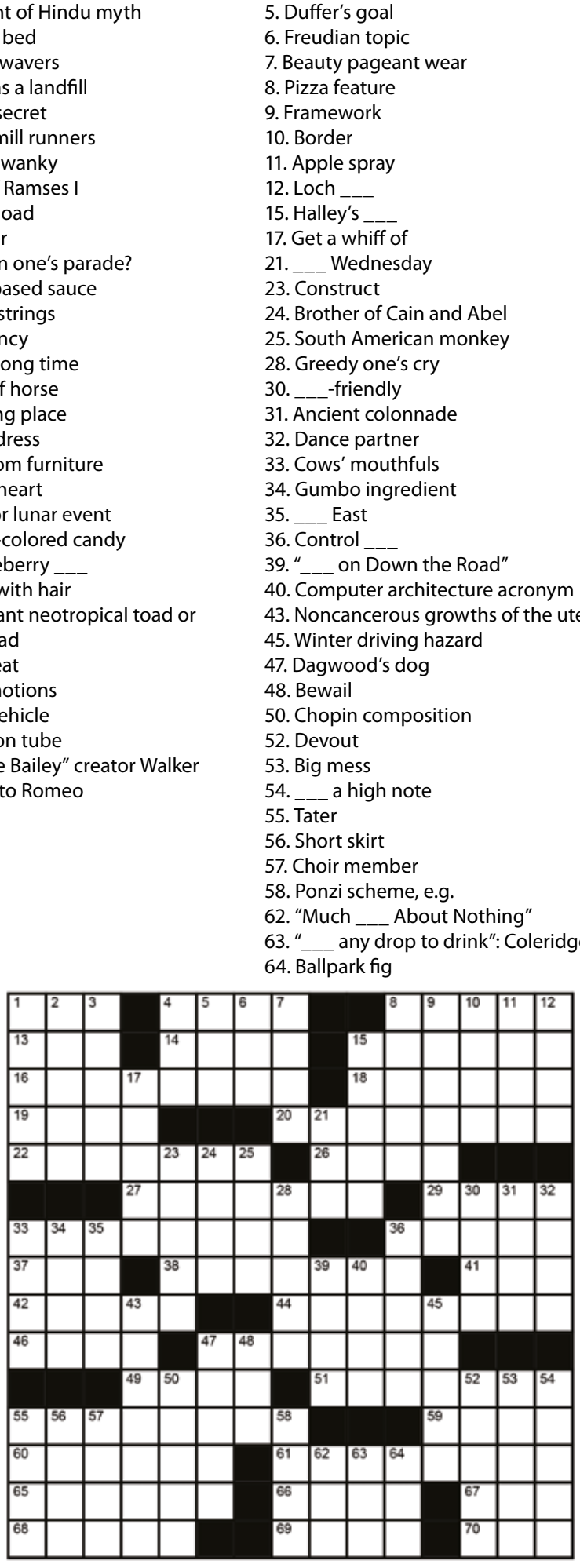
Solution pg. 39

Across

1. "Give it ___!"
4. "Planet of the ___" 8. Fresh from the shower
13. Fizzle
14. Serpent of Hindu myth
15. Baby's bed
16. Baton wavers
18. Vent, as a landfill
19. ___ a secret
20. Treadmill runners
22. Most swanky
26. Son of Ramses I
27. Ship's load
29. Codger
33. Rain on one's parade?
36. Basil-based sauce
37. Island strings
38. Idle fancy
41. Long, long time
42. Kind of horse
44. Cruising place
46. Delhi dress
47. Bedroom furniture
49. Sweetheart
51. Solar or lunar event
55. Pastel-colored candy
59. Huckleberry ___
60. Thick with hair
61. The giant neotropical toad or marine toad
65. Not neat
66. Commotions
67. Sci-fi vehicle
68. Electron tube
69. "Beetle Bailey" creator Walker
70. Juliet, to Romeo

Down

1. ___ one
2. Fertilizer from bats
3. Ancient Greek theater
4. Aardvark's morsel
5. Duffer's goal
6. Freudian topic
7. Beauty pageant wear
8. Pizza feature
9. Framework
10. Border
11. Apple spray
12. Loch ___
15. Halley's ___
17. Get a whiff of
21. ___ Wednesday
23. Construct
24. Brother of Cain and Abel
25. South American monkey
28. Greedy one's cry
30. ___-friendly
31. Ancient colonnade
32. Dance partner
33. Cows' mouthfuls
34. Gumbo ingredient
35. ___ East
36. Control ___
39. "___ on Down the Road"
40. Computer architecture acronym
43. Noncancerous growths of the uterus
45. Winter driving hazard
47. Dagwood's dog
48. Bewail
50. Chopin composition
52. Devout
53. Big mess
54. ___ a high note
55. Tater
56. Short skirt
57. Choir member
58. Ponzi scheme, e.g.
62. "Much ___ About Nothing"
63. "___ any drop to drink": Coleridge
64. Ballpark fig



COCONINO Community THEATRE

THE DIXIE SWIM CLUB

Theater Performance was a SMASH HIT!

By Bill Spain

Well, it is no wonder why the actors featured in "The Dixie Swim Club" received such accolades and recognition from the City of Glendale's Performing Arts Partnership Program last fall, winning a prestigious award for their roles as five women who spend a weekend celebrating their friendship every year for a lifetime. The play was so well done that the audience was engulfed into their lives, personalities and durable friendships to the point of tears in several spots throughout the performance. Although the play was delayed by mishaps that required rescheduling due to plumbing issues, date changes, set-up challenges and smoke- filled horizons, the five incredible actresses were able to pull off a convincing, heart wrenching play. Special acknowledgement with compliments and applause for the director, Lynn Rouyer, as well, who cast and directed a superb team to an evening of pure enjoyment for all who attended.

The play takes place at a remote beach cottage adjacent to the outer banks of North Carolina's seashore where the five women met and formed lifelong friendships through their college swim team. They meet annually to foster and grow the bonds they formed many years earlier when they were school girls. Sherry, played by Nancy Del Duca, was the swim team captain who always kept everybody organized, on-time and in line not only during their college days but throughout their entire lives. She was the strength and glue needed to maintain the friendship-bond the women formed. Nancy was, as usual, perfection in the role. Her timing and delivery were impeccable, and you really felt like she was the loving "Hen-Mother" of the group. There was a moment near the end of the play where Nancy was seated in front of the audience during a scene change and make-up was applied to her face to "age" her into the final scene of the play. It was a touching and memorable addition to the play's underlying meaning.

Jayne Heckman played the part of Jeri Neal, an ex-nun who left the convent in order to have a baby and seek her true role in life. Jayne was a riot as the sweet, caring and innocent addition to the group. Particularly funny when showing up at the reunion, very pregnant and going into labor that very weekend. The acting was convincing, funny and set the tone for how close these five women really were. Her naivete was adorable and she realized that often she missed the point but ultimately ended up being the "happy one," with her son Kenny and later her loving husband and in her ability to foster enduring friendships.

Adding to the variety of accomplished actresses was Carol Jones who played Vernadette. Carol is a natural actor who has an innate ability to "become" her character. Poor Vernadette, was the one who had a lousy marriage, a lousy kid and pretty much a lousy life; but, had the outlook and determination to make the best of it even when the lemons would not even make lemonade. Her character ended up developing dementia which exacerbated her difficulties even more. The way the women surrounded her and took care of her added a warmth and reality to the play that furthered the mission of what the authors tried to impart; that friendship is dear and should be treasured and is one of the most important parts of life.

Finally, the two remaining characters, Dinah, played by Melanie Westmark, and Lexie, played by Cheryl Parker, played off one another like two peas in a pod. Dinah was the single, career-minded industrious type who loved to tip the bottle a bit and adored wisecracking jokes; and Lexie, the vain, outspoken multi- marriage, multi- divorce man-chaser who was determined to maintain her appearance via plastic surgery and any other means possible. The two of them, both seasoned actresses, had their characters down to a "T". There was one scene where the ever self-absorbed Lexie had kept a secret of her serious illness from the other women in order to spare them the discontent and unhappiness during one of their annual get togethers, sharing it only with Dinah. It was a very touching moment during the play which dealt with so many of life's traumas and disappointments. At the play's conclusion, we find out that Lexie ended up making it through her ordeal but Dinah succumbed to an illness and was not at the final cottage reunion. That would be the group's last rendezvous.

The set, stage, lights and sound folks worked tirelessly to provide the support necessary to make the play happen. The RV Park hosted the two days of plays and Agee's Barbeque catered the dinner shows. By the end of the evening, you felt you had been with longtime friends discussing the events of their lives, sharing in their triumphs and their tribulations. It was a beautiful play, well written, well-acted and well received. It was the best play I've seen in years.

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GARDENING IN THE PARK

BIRDS & BEES & BUTTERFLIES – OH MY!

You can help your garden - and the eco-system in general - by becoming a welcoming host to some of the hardest working horticulturists around. These gardeners are very different from each other but have three things in common – they love flowers, have names that start with "B," and are winged.

Birds, bees and butterflies are essential to the process of pollination, and a few strategic choices in your garden will help them thrive and improve your space as well.

How important are they? It's estimated that more than 85 percent of the Earth's plant species require pollinators to exist. One out of every three bites of food you consume comes from plants made possible by honeybees and other pollinators. In fact, blueberries and cherries are 90% dependent on honeybees, while almond crops depend entirely on the honeybee at bloom time.

Unfortunately, bee populations have been on the decline for years.

In 2006, scientists identified "colony collapse disorder." The disappearance of bees has been linked to certain pesticides, parasites and shrinking native habitat. Climate change has also disrupted native species around the world, resulting in more than half a dozen native U.S. bee species on the endangered species list.

Because of this, protecting existing colonies and increasing their habitat has become a world-wide priority – and it's one you can easily participate in from your own backyard.

Butterflies, meanwhile, are less efficient than bees as far as moving pollen around but they are still important pollinators. They probe for nectar and favor flat, clustered flowers that provide a landing pad (also important because they "taste" with their feet!) Also, unlike bees, butterflies can see red and are drawn to bright colors.

The key to the bird population's role in pollination is more limited. In the United States it is the tiny hummingbird who does a huge share of the work. Which is understandable – they have to visit a lot of flowers to get the fuel they need! These little dynamos (they weigh between two and eight grams) beat their wings about 70 times a second and have a heart that pumps 1,200 times per minute. That amount of activity requires a lot of nectar and hummingbirds typically eat several times their weight each day.

So how can you bolster these amazing pollinators? There are several methods to practice long-term cultivation of birds, bees and butterflies in your own backyard:

- Create habitats for pollinators by supplying necessary water, food, shelter and places to raise their young. That includes bird houses and bird baths, hummingbird feeders and bee condos. You can leave dead trees or limbs for nesting habitats as well.
- Plant in clumps as clustering plants makes them easier to find and shortens the need for travel, reserving the energy of backyard pollinators.
- Plant a section of native plants and wildflowers to increase nectar and pollen sources for butterflies and bumblebees.
- Choose a variety of plants that will bloom in rotation through the growing season.
- Choose a variety of colors and shapes as different pollinators are attracted to different types.
- Plant where pollinators will visit, such as sunny spots with some shelter as opposed to shady areas.
- Use only bee-friendly pesticides. Most organic products are not harmful to bees.

Warner's locally grown native plant selection as well as all the other quality plants from our nursery will provide multiple food sources for all those buzzing bees and other pollinators.

Here's just a partial list of plants that will keep pollinators busy and your yard looking lovely too:

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- Black-eyed Susan Rudbeckia
- Caltrop Kallstroemia
- Caryopteris Caryopteris
- Cotoneaster Cotoneaster
- Currant Ribes
- Elder Sambucus
- Englishlavender Lavandula
- Giant hyssop Agastache
- Globe thistle Echinops
- Goldenrod Solidago
- Honeysuckle Lonicera
- Joe-pye weed Eupatorium
- Lupine Lupinus
- Marjoram Origanum
- Oregon grape Berberis
- Penstemon Penstemon
- Purple coneflower Echinacea
- Rabbit-brush Chrysothamnus
- Rhododendron Rhododendron
- Rosemary Rosmarinus
- Sage Salvia
- Scorpion-weed Phacelia
- Snowberry Symphoricarpos
- Stonecrop Sedum
- Sunflower Helianthus
- Trumpet Vine Campsis radicans
- Wallflower Erysimum
- Wild buckwheat Eriogonum
- Wild-lilac Ceanothus
- Willow Salix
- Zinnia Zinnia

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GOLF

LADY 18 HOLERS – PWGA

July 8th & 9th the PWGA President's Cup tournament was held. An individual flighted 2-day NET tournament, where individual tournament scores consisted of the combined total of the two days' net scores. Here are the winners:

FLIGHT 1

1st Place (tie) • Robin Alvarez, Megan Reeves • 73

3rd Place • Anita Britton • 74

FLIGHT 2

1st Place (tie) • Patty Frey, Andy Harper • 78

3rd Place • Yvonne Brooks • 80

FLIGHT 3

1st Place • Vicki Day • 81

2nd Place • Margaret Dyekman • 87

3rd Place • Becky Palumbo • 88

FLIGHT 4

1st Place • Pat Dembowski • 88

2nd Place • Carol Aylward • 90

FLIGHT 5

1st Place • Deb Webster • 90

2nd Place • Heidi Raguse • 96

July 23, 24 25th the very popular Annual POW WOW Member/Guest, Guest/Guest tournament was held. Ninety-six ladies participated in the three day partner flighted event consisting of a practice day Scramble and two days of Tournament play. Here are the winners by Flight:

*** Overall Winners Norma Dokken, Kelda Toliver – Gross 168 ***

ASPEN GROVE

1st Gross • Kim Eaton, Pat Kuntz • 185

2nd Gross • Kim Krueger, Echo Hause • 180

1st Net • Rose Cassidy, Lori Zaun • 172

2nd Net • Patty Frey, Chris Thom • 179

CASTNER PARK

1st Gross • Yvonne Brooks, Juanita Evans • 172

2nd Gross • Kelly McHenry, Pam Longanecker • 177

1st Net • Robin Alvarez, Patricia Larsen • 174

2nd Net • Anita Britton, Jill McLean • 179

CRYSTAL POINT

1st Gross • Kim McIllece, Lori Deemer • 165

2nd Gross • Andy Harper, Karen Maish • 178

1st Net • Becky Palumbo, Doreen Schroeder • 175

2nd Net • Vicki Day, Mary Beth Maddox • 177

IRON SPRINGS

1st Gross • Kathy Vogt, Terry Toy - 176

2nd Gross • Margaret Dyekman, Peggy Iacobelli • 179

1st Net • Pat Cole, Cindy Schupp • 175

2nd Net • Diane Peterson, Trish York • 176

LAKE ODELL

1st Gross • Deanna Madeya, Cindy Salstone • 169

2nd Gross • Charlotte Sullivan, Jennipher Williams • 183

1st Net • Christine Dahl, Kathy Green • 182

2nd Net • Nancy Hurlburt, Kathy Civalier • 187

MUNDS CANYON

1st Gross • Pat Dembowski, Bonnie Wells • 70

2nd Gross • Cindi Armstrong, Theresa Weber • 185

1st Net • Marty Ackley, Carma Graham • 169

2nd Net • Sandi Lough, Marsha Bruner • 186

In addition, a Horserace was included in the event for the first time. Played on Day 2, the winning team members were:

1st • Patty Frey, Chris Thom, Evelyn Munger, Patsy Hall

2nd • Yvonne Brooks, Juanita Evans, Deanna Madeya, Cindy Salstone

Niners President Cup Champion, Robyn Moody

Barb Maurseth, Sandy Forsythe, Deb Webster, Elyse Webber, Marti Weiskopf, Pam Petty, Robyn Moody

LADY 9ER'S RESULT SHEET

The President's Cup

6.30.21 & 7.7.21

Wall of Fame: Robyn Moody Score: 67

FLIGHT 1

1st Place • Deb Webster • Score: 71

2nd Place • Barb Maurseth • Score: 77

FLIGHT 2

1st Place • Elyse Webber • Score: 76

2nd Place • Marti Weiskopf • Score: 78*

FLIGHT 3

1st Place • Sandy Forsythe • Score: 72

2nd Place • Pam Petty • Score: 80

**Won the scorecard playoff per the President's Cup Rules*

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By Ele Parrott, Director

The town of Flatt Hills needs your help! Brand N. File, the local blacksmith, was 'done in' and the good folk are gatherin' to figure out just who done him in! Was it Phil M. Upp, the gentle bartender? Or Mayor Red. E. Ornot always campaigning to be re-elected? Perhaps Sheriff Wynott Burp slipped and misfired by mistake! Miss Rose E. Bottoms is the town's local entertainer. What did she say or overhear being said? And those two newcomers that arrived last evening on the stage: Miss Telli Ahal, the new School Marm might know more than just book learnin' and Doc Meddie Cyne…is she really a doctor? Cliff Hanger, a drifter with a keen eye for detail is watchin' Annie Bea Quick, a gunslinger with a tongue as quick as her gun. Watch and listen as the plot unfolds on the Munds Park Community Church stage and try to guess who done in Brand N. File along with the rest of the townfolk!

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Check out this series on my podcast as I talk about financial set up, business and what it's like growing up in an entrepruneral house hold. Scan below to listen now.

Episode 23 Kids and Finances
Episode 24 The boys
Episode 25 Gnerational wealth
Episode 25 Chase Valentine
Episode 26 Christian Valentine

SCAN ME

" You are a weekend warrior with a Mexican Gang Tatoo!"

This was a recent message from local resident through Facebook. Entertaining right? Especially coming from someone who I have never met and who doesn't know me. Now, the intent was to rile me. I'm afraid it had the adverse effect. I'm thrilled for the perfect introduction to share a little of who I really am.

First, you should know what the word "Limitless" really means to me and my family. It is a family mantra that my wife, my adult son, Christian, and I have all permanently inked on our bodies. It's actually the shortened version of Philippians 4:13. "I can do all things through Christ who strengthens me."

Second, I am, in fact, an EVERY DAY warrior and as it also represents my mindset in real estate that there are no limits to what can be done in order to serve the client at the highest value.

You see, my father was in the business for 40 years. Upon his sudden passing I realized he had some limiting beliefs. I decided to change and instill in my family and in my business that we are only limited by ourselves. I believe we all have unlimited resources but there are limiting beliefs that create road blocks. These beliefs can come from the past or present. My father looked at real estate 2 dimensionally. I found there is a way to see it in 3 dimensionally if you refuse to allow conventional thought to limit what can be done. Which is also when I was dubbed a "Real Estate Strategist" by a group of colleagues.

The average realtor sees things 2 dimensionally as clients are either Buyers and/or Sellers. When I listen to you, my client, I find there are so many options and I like to explore all of them. From investing, to selling, to 1031 tax exchange, to buying properties with purpose are all modes of building wealth for your LIMITLESS future.

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"It's more than just a real estate invesment when buying a 2nd home!" This is what I have told many of my clients over the years. The community and memories such as 4th of July parades and get togethers along with the quiet weekends together as family and friends are more valuable than the real estate. I didn't grow up with a favorite summer spot my parents frequented, but I have heard so many stories of people coming up since they were kids and the memories they have of Munds. I am greatful we invested in the community and a place for my kids to talk about in the future. If you are thinking of buying here in Munds just remember there is an incredible rate of return on family and memories.

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SCAN ME

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$475,000 17325 S Peyote 1161 Sq Ft 3 bdrm, 2 bath, New kitchen, update baths, new flooring, great room plan, AC, huge corner lot and wrap around porch.

$600,000 17275 S Zuni Near 1800 sq ft 5 bedroom 2 bath, fully furnished and used as VRBO. 1.5 car garage, huge wrap around deck, plenty of parking, master walk out deck, fenced rear yard

$475,000 555 Stringer Near 1700 sq ft 4 bdrm, 1.5 baths, Multiple living spaces, over sized 2 car garage, large lot with plenty of space.

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WORD SEARCH

Created by Paul Mason

Solution pg. 39

W	Y	R	V	L	F	N	G	C	Q	G	G	K	Y	R
P	M	A	C	E	L	F	O	T	K	U	N	R	N	X
S	C	F	L	A	A	L	D	O	K	I	I	A	V	M
E	P	I	N	D	S	A	T	A	F	T	L	D	S	D
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C	W	E	M	R	L	E	H	T	S	R	C	H	O	S
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R	U	B	S	M	O	K	E	T	E	D	G	K	N	A
W	O	L	L	A	M	H	S	R	A	M	M	A	E	H
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Branches
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Camp
Ceremony
Charades
Circle
Crackling
Dance
Dark
Dirt
Drums
Fire
Flags
Flame
Flashlight
Games
Gather
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FORMER PASTOR REX SAMPLE'S

Memorial Service to be Held at Munds Park Community Church

By Bill Spain

Rex Sample went to be with his creator in heaven on January 17, 2021, after enduring several years of dialysis and failing health. He passed of a cardiac arrest while recovering from pneumonia in Mesa, Arizona at the age of 87 years old. The last few years of his life, he and his wife, Margaret, lived with their daughter and Son-in-law, Terri and Roy Love, in their home while a guest cottage was built in the backyard of their home. Rex and Margaret were married for fifty-eight years.

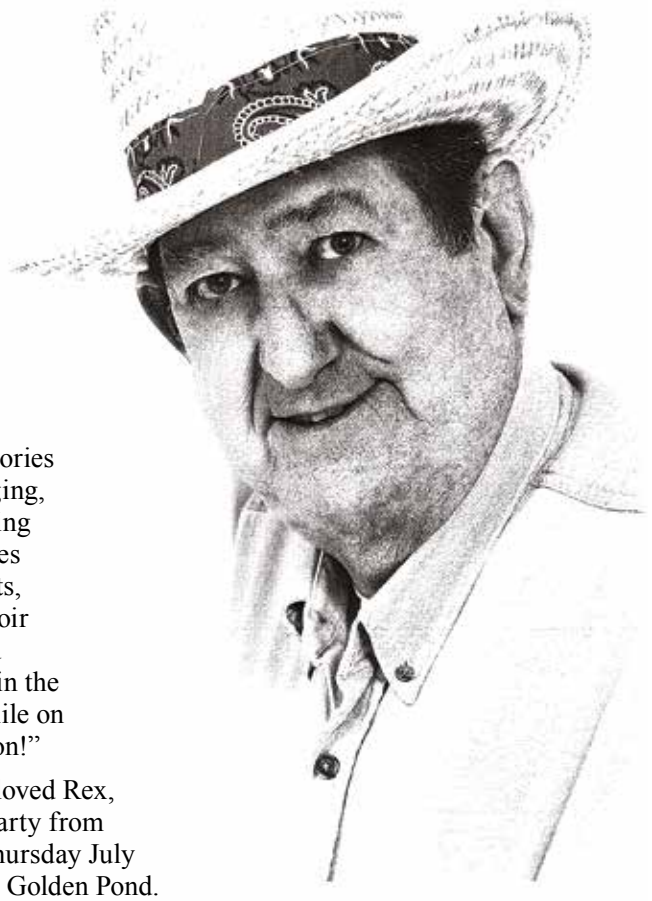
For those of you who have read Pastor Rex's book, "One Man's Search For God: A Retrospective On Divine Providence," his autobiography written in the last years of his life, you know he led an incredibly interesting life, filled with God's works and abundant love for those around him. He was a truly a special man who was able to transcend human frailty and sin and bring people to Christ through his example and wisdom.

"Rex had an uncanny ability to bring the bible into everyday philosophy making it meaningful and pertinent to what humans face everyday on this planet," said Bill Spain, local resident and good friend of the Sample family, "He definitely played a huge role in my life helping bring me back to Jesus and heal wounds and scars that had closed me off from God," added Spain. Maryellen Titus of the Farmers Market echoed Spain's comments stating "Pastor Sample was led by the Holy Spirit and every decision he made was in the best Interest of the Munds Park Community. He was beyond wise, a very fair man, a man of his word and a voice of reason throughout his time in Munds Park. I think of him often and miss our talks," added Titus.

Few knew the impact this one man had on Munds Park during a turbulent and divisive time in the Park's history. "He brought people together," said Spain, "He found goodness and worth in everybody he met and worked to unify the community and build bridges between opposing groups and views. He was a true gift from God bestowed upon the Munds Park Community."

Rex Sample was one of the founding creators of the Munds Park Business Alliance which has been operating in the Park for the last twelve years helping to create opportunities for business to grow and remain in Munds Park and assist local residents in making a living. He assisted in the launch and development of the Pinewood Farmers Market which is still enjoyed today by hundreds of residents and visitors each Saturday during the summer months.

Besides all of the material things he did for Munds Park and its residents he also was a father to four children, a loving husband to Margaret and worked to "bridge" religions by working with the Catholic church to launch worship services once a month for the Catholic community at the local non-denominational Christian church. He believed it was important to sow the seeds of faith with outreach and understanding.



Rex's daughter Terri shared "Dad was our biggest cheerleader and fan; he loved us unconditionally and showed it all the time. Some of my earliest memories centered around Dad singing, playing music and attending my brothers football games and wrestling tournaments, my sister's theater and choir performances or my band concerts. He was always in the audience with a proud smile on his face and cheering us on!"

For those who knew and loved Rex, there is a remembrance party from 6:00 pm to 9:00 pm on Thursday July 29th at the Spain's, 17825 Golden Pond. Refreshments, music, fun and laughter will be on hand to celebrate his life and memory. All are invited to join the party to reflect on the man who gave so much of himself to the entire community. His Celebration of Life memorial will be held the following morning at 11:00 am at Munds Park Community Church. Former choir members will be joining a host of others in a tribute to Rex Sample, the man, the minister, the Dad, Husband, Brother and Friend to so many.

And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

— Philippians 4.7

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MUNDS PARK COMMUNITY CHURCH

NOBODY NEEDS TO KNOW

By
Steve Bowyer
Pastor, Munds Park Community Church

Ladies, let me help you understand something. Men do not ask for directions. That is not what I think you need help understanding. You know that all too well. It is the "why?"

To stop and ask for directions is admitting defeat. We are competitive by nature. We will not be the last one done eating. We will not be caught watching the second-best thing on TV so we will change channels frequently to see if there is anything better somewhere else. We will take a different route than whomever we are meeting wherever we are going even if it is the slower route, but we will drive faster and get there first.

If we ask for directions, we are admitting someone knows something we do not know. They know better than we know. They could beat us there, if we were racing; which is a given if we are meeting there. We will keep driving even if we miss our turn because to turn around is also admitting defeat. Besides, the earth is round. We will come back to that turn eventually and the second time it will the better time to take it.

Here is a hint, it is usually not a good idea to say this from the passenger seat, "Why are you going this way?" We will answer that it is the best way to go, whether we really believe it or not.

Ladies, I know you can relate. Not only do you live with us, mostly happily. You also recognize the effects of pride. We are too proud to admit we need help. Somehow, I think there might be an area or two in your life that your pride prevents you from hearing the right way to go. Just a guess. Please do not tell my wife I said that!

What if I told you, ladies and gentlemen, there is a source of direction that no one may know that you have asked because it is so quiet? I am not talking about directions to your about-to-become-new-favorite-restaurant. I am talking about help for the bigger and more important decisions you will make. These may be decisions about important conversations you need to have. Decisions about when to sell your cabin. Decisions about what to do about an adult child who is struggling with addiction, depression, or just making bad decisions themselves.

"Whether you turn to the right or to the left, your ears will hear a voice behind you, saying, 'This is the way; walk in it.'" (Isaiah 30:21)

Help when we need it most. God has promised. He has promised to be our guide, just like the upperclassman that walked backward while you and your high school senior visited campuses to consider for college. God knows the future. He knows more about the people involved in the situation we are trying to get through.

When you raised your kids, did you make all of their important decisions for them? Of course not. If you did, you raised kids who became adults who are incapable of making tough decisions. More likely, you trained them then gave them the opportunity to decide. You were there to cheer when they did good. You were there to pick them up, dust them off, and kiss their boo-boos when they did bad.

God is the perfect parent who is still raising us. He is not so concerned about where we go out to eat for our anniversary, who gets done eating first or last, or who gets to the restaurant second. If we get quiet, then we will hear exactly what we need to make the next important decision we need to make.

And, if you do this right, nobody will know you admitted you needed help. They will simply see the wise decisions you consistently seem to make. It is a win/win. Right guys?

For more information about our church visit our website; mpcc.church.

IN LOVING MEMORY

Nancy Anne Worfolk

Nancy Anne Worfolk, 79, passed away peacefully on June 29, 2021, at her home in Munds Park, AZ.

Nancy Starkie was born in Queens, NY on August 21, 1941 to Eileen and Sherman Starkie. She met Everett Worfolk on a blind date in 1958. They went to her senior prom together, and Nancy graduated from Jamaica High School that year. After graduation, she went to work as a legal secretary in New York City. On June 24, 1961, Nancy and Everett married and began a wonderful lifetime together. Nancy was a devoted wife and beloved mother of three. She worked as an accomplished legal secretary, bookkeeper, notary, and homemaker. She was known professionally for her strong work ethic and attention to detail. Amongst family and friends, she will always be remembered for being an outstanding mother who went above and beyond for her family.

While raising her family, Nancy had many interests and enjoyed cooking, reading, listening to and recording music, dancing, coaching softball, bowling, traveling, and was a lifelong learner. Her family fondly remembers many wonderful camping trips together made extra special by her. She enjoyed exploring new places with her family on these trips, and especially being close to the ocean whenever possible. An excellent water skier, she loved skiing on their boat, "Wet and Wild."

She also accompanied Everett on many business trips and enjoyed living for some time in Paris, Switzerland, and Portugal. After initially living in New York, the family also lived in Scottsdale, AZ and Boulder, CO, before Everett and Nancy explored international travel. In 2008, they moved to Munds Park. Nancy really enjoyed being involved in building their dream home on Grizzly Ridge. Her dream was to pass in this home, which was fulfilled.

Nancy enjoyed entertaining and being together with friends and family. Her caring personality always made you feel welcome, and her sense of humor warmed your heart. One of her passions as a young mother was coaching girls' softball for her daughters, Caryn and Laura, as well as many neighborhood girls. She was also a cub scout den mother, girl scout leader and bowling coach. As an avid bowler she received many awards and together with friends, formed a church bowling league, serving as secretary. As a fantastic cook, her neighbors knew where to get cooking advice and any spices ever needed. As Everett is a hunter, cooking wild game was a specialty of hers.

Predeceased by her parents and sister, Betty Jordan, Nancy is survived by her loving husband of 60 years, Everett; her sister Judy Schultz; and her brother, Donald Starkie; son, Keith R. Worfolk and wife Carolyn; daughter, Caryn J. Paige and husband Steve, and grandson TJ Paige; daughter, Laura J. Worfolk-Elam and husband David, and grandson Brandon Elam and wife Jasmyne; granddaughter Ashley Hollifield and husband Cody, and great-grandson Axel.

A private family memorial will be held at her home in Munds Park. If desired, friends of the family may make a memorial donation to Hospice Compassus of Northern Arizona.

Condolences may be sent to the family at: PO Box 17598, Munds Park AZ, 86017.

American Robin

BIRDS OF MUNDS PARK

American Robin

By Margaret Dyekman

The American Robin is a common bird in Northern Arizona, and almost everyone knows that its nickname is Robin Redbreast. A pair has been visiting me regularly, taking vigorous baths in the dripping bird bath almost every late afternoon or early morning.

Here's a quiz for you about American Robins – what statements do you think are true, and which are false?

- Seven states in the U.S. have the American Robin as their official state bird.
- The best way to attract American Robins to your back yard is to put up a sunflower seed feeder.
- American Robins produce baby-blue colored eggs.
- American Robins always migrate from the north to the south and back again.

Our American Robin is indeed a popular bird, as it is the state bird in three states: Connecticut, Michigan, and Wisconsin. The Northern Cardinal, however, is the state bird in seven states. Robins come in fourth place in the official state bird category, behind Western Meadowlarks and Northern Mockingbirds.

Robins are grub, worm, and fruit eaters, so sunflowers are not going to do the trick in attracting them to your back yard. However, a dripping bird bath is an easy way to attract robins as well as all sorts of other birds, both common and uncommon. Robins forage on lawns, so keep in mind that pesticides and herbicides on lawns are not a good for robins.

Robins can produce up to three broods a year, and yes, the eggs are blue, but like other birds, the chances for baby bird survival are pretty slim. According to "All About Birds", the Cornell Lab of Ornithology site, only 40% of nests produce young, and only 25% of those birds live through November. These numbers were pretty shocking to me, but in part that is why robins evolved to produce more than one brood per year. The odds are stacked up against them, another reason why keeping non-native predator cats indoors is so important.

And finally, yes, robins migrate, especially the ones that live in the northernmost part of North America. But many do not, and it all depends on whether there is food around. For example, there are no reports on eBird of American Robins at Kachina Wetlands over the winter months, but there are sighting reports in Pinetop, which is also considered part of Northern Arizona. Reports for Coconino County show that robins are found 12 months of the year, but I don't think you will find them in Munds Park in the winter; too cold, and not enough food sources. So, the moral of that story – enjoy our people-friendly American Robins now while you can.

I'll be at the Pinewood Country Club craft fair on July 24th selling and signing my books, so perhaps I will see you there. Otherwise, you can reach me at margaretdyekman@cox.net or by text at 602-620-3210. You can read all about Backyard Birding in Northern Arizona at www.backyardbirdingaz.com and order one online or get one directly from me. I welcome your questions, reports of sightings, and your suggestions for future articles.

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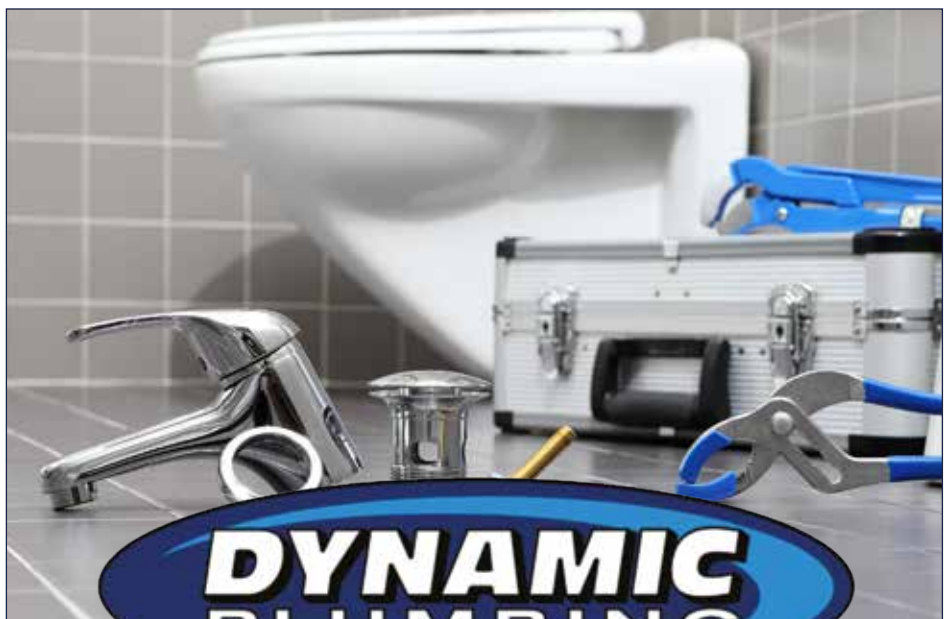

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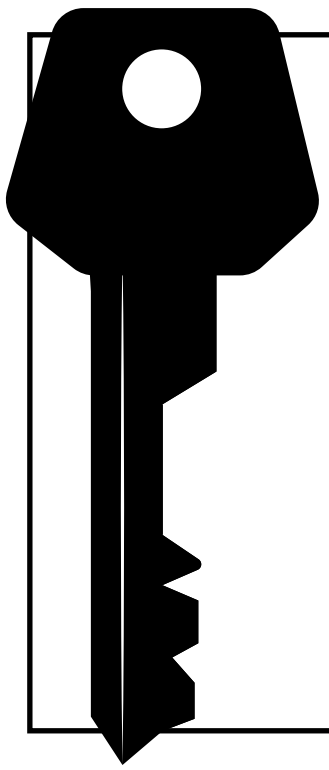

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